

ONLY A VIRTUOUS PEOPLE ARE CAPABLE OF FREEDOM.
AS NATIONS BECOME CORRUPT AND VICIOUS, THEY
HAVE MORE NEED OF MASTERS.
~BENJAMIN FRANKLIN



Who Am I? There is No Shame About Who I am...



Prevention is an Adult Activity



"Safety is #1 priority"

I like the jail system bc of the structure. 3 meals a day, hot shower, and a bed. These things aren't promised outside of here in our communities. That's why I decide to do bad things to keep coming back. I agree with the juvenile system. Changes could be made.

But this is why some people continue to come back.

I'm waiting
go home!!!

Home

At my house it's like no one has feelings. My momma don't take of me or my 7 year old sister, she beat us with bats, vines, and throw tv's at me. My brother tell me he gone kill me and put gun to my head and we fight and I let him up to get beat up. My little rimmer cry every night wanting to sleep with me, asking why we can't be with our momma. And my daddy try to come around just so he can rape me. I would rather be at my brother house helping my nephew do his homework and playing with my niece.

All my life I've been forced to make choices that im no where near proud of, but every choice i've made it's help me make away for me and my little brothers and my mother. I've first started making bad choices when I was 6 and a group of people beat someone just for \$100 and looking back I know it was not a good one or a smart one but at the time it was what I wanted to do, and I've went nowhere but down from there but I used that money for food because we had none in the house and I'm very disappointed in myself for the things I've done. But when I'm released from captivity this time im going to continue looking for a job and walk across the stage with a high school diploma so me, my mother, and my brothers can be proud and that I have a purpose in life other than being the black sheep of the family.

Sexual Health

Physical Well-being

Is not just the absence of disease. It includes lifestyle behavior choices to ensure health, avoid preventable diseases and conditions, and to live in a balanced state of body, mind, and spirit (AANA, 2020).

Mental Well-being

Mental health is not just the absence of mental disorder. It is defined as a state of well-being in which every individual realizes his or her own potential, can cope with the normal stresses of life, can work productively and fruitfully, and is able to make a contribution to her or his community (WHO, 2020).

Social Well-being

Having strong relationships and love in your life (RATH, 2010).

