



# LAUNCHPOINT LEADERSHIP

## **Magic Mentoring Moments**

### *Discounting Language*

Language matters, whether you are a mentee or a mentor. The types of words you use when communicating sends a very clear message about you. Whether you're a leader or an up-and-coming leader, it's important to examine how the language you use can discount the strength of your message. Here are some phrases you may want to avoid using in your professional communications.

#### **Fillers**

- Um...
- Like
- Kind of
- Literally
- Basically

"Umm..it's kind of like the better option, basically."

#### **Hedges**

- In my opinion...
- I might be wrong...
- I just think...

"I might be wrong, but I just think we should use the alternate vendor for this project."

[www.voximpact.com](http://www.voximpact.com)

[www.launchpointleadership.com](http://www.launchpointleadership.com)

[info@launchpointleadership.com](mailto:info@launchpointleadership.com) \* 423-266-0382

